

**It's ARCH MADDNESS at  
Mind Body & Spirit Chiropractic!**

In the month of March we are focusing on feet at Mind, Body & Spirit Chiropractic!

After hibernating this winter we will soon get moving again with outdoor activities. It is common to start noticing painful feet!

In fact, most people think that foot pain is normal...it's not!

Improper alignment of the feet is often the cause of pain in your feet, knees, hips, low back and can even be the

**\$20 off *Custom Adult Orthotics*,  
\$15 off *Children's Orthotics* in the Month of  
March!**

*(cannot be combined with any other offer)*